

UNDER 12 GIRLS PLAYING FORMAT AND RULES



PLAYING FORMATS

The table below summarises the playing formats for the Under 12 Girls competition.

THE NUMBER OF PLAYERS	9-a-side including a goalkeeper Maximum of five substitutes
THE FIELD OF PLAY	Maximum: 70m long x 50m wide Best Practice: 65m long x 45m wide Minimum: 60m long x 40m wide
GOAL SIZE	Maximum: 5m wide x 2m high
BALL SIZE	Size 4
DURATION OF THE GAME	25 min halves. Minimum 5 min half time break.
PENALTY AREA	10m deep x 20m wide



GOAL TYPE

It is preferable that solid portable goals (bow-nets or similar are not acceptable) are used for the Under 12 competitions. The use of poles and markers as goals is prohibited. To comply with Australian Safety Standards, portable goals must be anchored securely to the ground. The use of sandbags or pegs is recommended when using portable goals. For more information on Australian Safety Standards please visit the Product Safety Australia website: www.productsafety.gov.au



GOALKEEPER

The goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play after a save or gathering the ball with their hands, the ball may be thrown, rolled from the hands or played from the ground with their feet but can not be kicked or drop kicked directly from their hands. The goalkeeper has 6 seconds to restart play. The ball is in play once it moves out of the penalty area or when the goalkeeper places the ball on the ground. Goal kick from anywhere within the penalty area. Opponents remain at least 10 metres outside the penalty area until the ball is in play. Referees should not restart play until they are satisfied all opposition players are at least 10 metres outside the penalty area. The ball is in play once it is kicked directly out of the penalty area. An indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been deliberately kicked to them by a team mate.



BALL CROSSING THE TOUCH LINE

Throw in: Player faces the field of play, has part of each foot on the ground either on or behind the touch line, uses both hand and delivers the ball from behind and over their head. The ball is in play once it enters the field of play. A goal cannot be scored directly from a throw in.



BALL CROSSING THE GOAL LINE AFTER TOUCHING THE DEFENDING TEAM LAST

Corner kick: A player from the attacking team places the ball inside the corner arc or within 1 metre of the corner, nearest to the point where the ball crossed the line. Opponents must be at least 5 metres away from the ball until it is in play. The ball is in play when it is kicked and moves. A goal may be scored directly from a corner kick.



BALL CROSSING THE GOAL LINE AFTER TOUCHING THE ATTACKING TEAM LAST

Goal kick from anywhere within the penalty area. Opponents remain at least 10 metres outside the penalty area until the ball is in play. The Referee should not restart play until they are satisfied all opposition players are at least 10 metres outside the penalty area. The ball is in play once it is kicked directly out of the penalty area.



OFFSIDE

The official offside rule (Law 11, FIFA Laws of the Game) does not apply. Goals can be scored from the offside position, however, players should not stand in an offside position. Game Leaders should direct players permanently standing in blatant offside positions to move into onside positions. Children should be made aware of the official offside rule during training and be encouraged to adopt this philosophy during the game at all times.



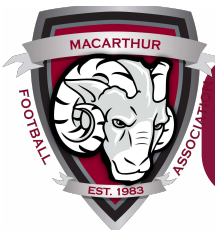
MATCH RESULTS & POINTS TABLES

Whilst the Under 12 Girls competition is being played along the Under 11 Mini Roos National Playing Format and Rules, the one exception that does apply is that it will be competition based (i.e. scores etc are tallied and ladder placings made public). Please refer to the MFA Competition Regulations for regulations pertaining to competitions.



FINALS SERIES

Being a competitive league, the Under 12 Girls will participate in a final series. Please refer to the MFA Competition Regulations for regulations pertaining to the finals series.



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FOULS AND MISCONDUCT

Indirect free kicks are awarded for all acts of handball or fouls and misconduct. Opponents must be at least 5 metres away from the ball when the indirect free kick is taken. (An indirect free kick is where a goal can be scored only if the ball subsequently touches another player before it enters the goal). For deliberate or serious acts of handball or fouls and misconduct in the penalty area, a penalty kick is awarded from an 8 metre penalty mark with only a goalkeeper in position. All other players must be outside the penalty area and be at least 5 metres behind the penalty mark.

- Makes contact with the opponent before touching the ball;
- Holds an opponent;
- Spits at an opponent;
- Handles the ball deliberately;
- Plays in a dangerous manner; and
- Impedes the progress of a player.



OTHER RULES

Borrowing Rules outlined in the MFA Competition Regulations apply.

All other rules will be applied using the MFA Competitions Regulations and IFAB Laws of the Game.

The use of sin-bin will not apply to Under 12 competitions.



FOULS AND MISCONDUCT ARE

- Kicks or attempts to kick an opponent;
- Trips or attempts to trip an opponent;
- Jumps at an opponent;
- Charges at an opponent;
- Strikes or attempts to strike an opponent;
- Pushes an opponent;
- Tackles an opponent from behind to gain possession of the ball;



FIELD LAYOUTS

Diagrams below illustrate the field markings to be used for Under 12 competitions. Maximum of 2 pitches on a full-size football pitch. Alternatively 1 pitch can be set-up penalty box to penalty box.



NOTE - Diagram 1 is shown with half way lines and centre circle markings. These are recommended but not mandatory. In the case where these markings are absent, the referees discretion will be used to adjudicate the point of restart and players proximity to the ball.