

# Basic Life Support Flow Chart



**D**

Check for **DANGER**

Hazards / Risks / Safety  
To Self, Casualty or Others

**R**

Check for **RESPONSE**

Non Responsive or Unconscious?

**S**

**SEND** for Help

Ring 000 or 112

**A**

Open **AIRWAY**

**B**

Normal **BREATHING**

Look, Feel & Listen

**C**

Start **CPR**

30 Compressions: 2 Breaths

If unwilling/unable to perform rescue breaths continue chest compressions

**D**

Attach **DEFIBRILLATOR (AED)**

As soon as available & follow its prompts

*Continue CPR until responsiveness or normal breathing return*

For all your First Aid Training & First Aid Supplies

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